



Fort Collins Old Town Marathon
 902 W. Drake Rd., Suite #7
 Fort Collins, CO 80526



presents

Fort Collins Old Town Marathon

"Colorado's Fastest Marathon Course"



Half Marathon

10K Walk/Run
10K Competitive Walk
Kid's Marathon

Sunday, May 8, 2005

www.ftcollinsmarathon.com



Winning Chip - Timing Provided by BKB, Ltd.

Aid Stations
 11 throughout course
 Provide GU, GU₂O & Water provided by:
ELDORADO NATURAL SPRING WATER

MARATHON COURSE

Runs down the Scenic Poudre River Canyon through La Porte and on to the Poudre River Trail to finish in Historic Old Town Fort Collins. Course has a subtle net downhill with very few turns.

HALF MARATHON COURSE

Runs on the second half of the Marathon Course starting at the Cache La Poudre Information Center in the Poudre Canyon.

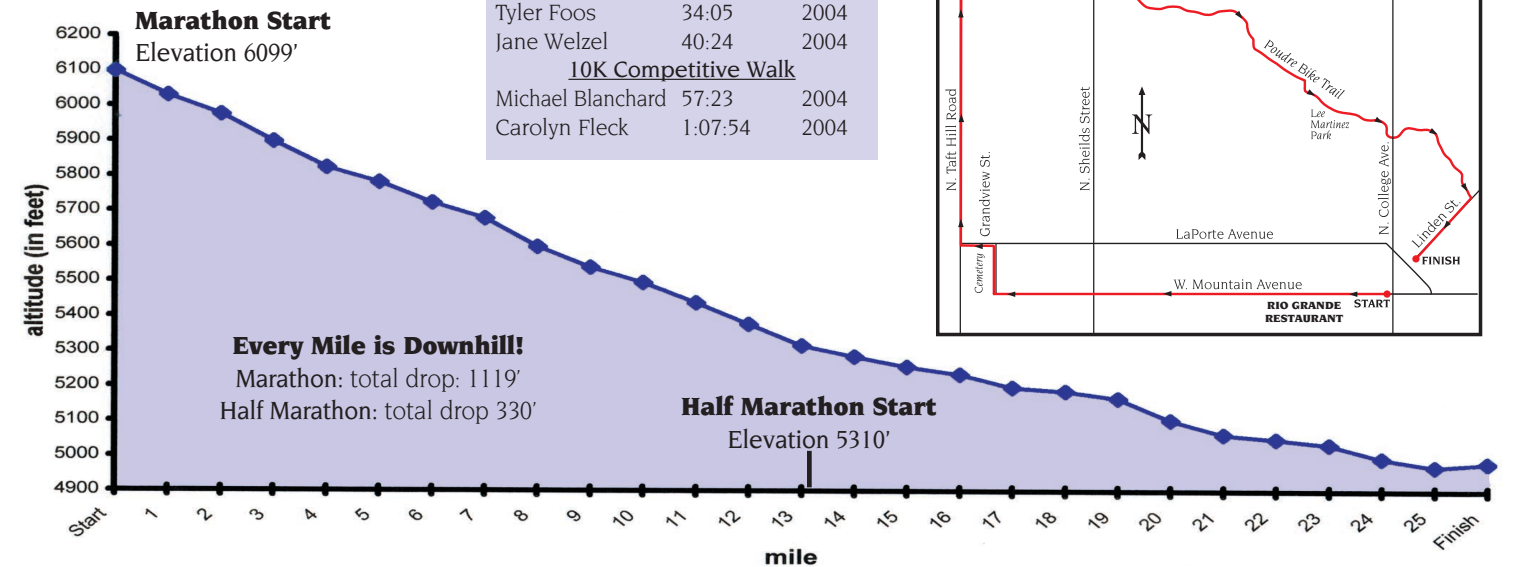
10K COURSE

Starts on Mountain Ave. West of College Ave., heads West on Mountain to Grandview Ave to LaPorte and North on Taft Hill Rd. to the Poudre West Bike Trail and follows the Marathon course to the finish. Detailed information at:

www.ftcollinsmarathon.com

Course Records

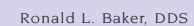
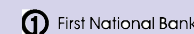
Marathon		
Daniel Shaw	2:25:55.8	2004
Mercedes Gil	2:59:04.5	2002
<small>(Colorado State Womens Masters Record)</small>		
Half Marathon		
Paul Digrapa	1:09:41.8	2004
Libbie Hickman	1:17:53.6	2002
10K Walk/Run		
Tyler Foos	34:05	2004
Jane Welzel	40:24	2004
10K Competitive Walk		
Michael Blanchard	57:23	2004
Carolyn Fleck	1:07:54	2004



Every Mile is Downhill!
 Marathon: total drop: 1119'
 Half Marathon: total drop 330'

All Marathon & Half Marathon Finishers receive a Michael Richter pewter Medallion!

Sponsored By:



Finish Gifts and Awards for 2005 Marathon and Events:

AWARDS CEREMONY: The Awards Ceremony will be held at 12 PM for the Half and 10K, 1 PM for the Marathon on Race Day at Coopersmith's Pub side.

Marathon:

All Marathon finishers will receive a special gift and a collector's print.

Top 7 Male/Female overall, Top 3 Male/Female Masters and Grand Masters, Top 3 in following age groups: 19-29, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69, 70+

Half Marathon:

All Half Marathon finishers will receive a special gift and a collector's print.

Top 5 Male/Female overall, Top 3 Male/Female Masters and Grand Masters Top 3 in following age groups: 19 & under, 20-29, 30-39, 40-49, 50-54, 55-59, 60-69, 70+

Marathon Relay:

Top Overall Team in following Divisions: Male, Female, Coed and Spouse.

10K Run/Walk:

Top 3 Male/Female Overall, Top Master and Grand Master.

10K Relay:

Top Overall Team in following Divisions: Male, Female, Coed and Spouse.

10K Relay With Mom:

Top Overall Team

10K Competitive Walk:

Top 5 Male/Female.

Kids Marathon: All finishers receive special prizes.

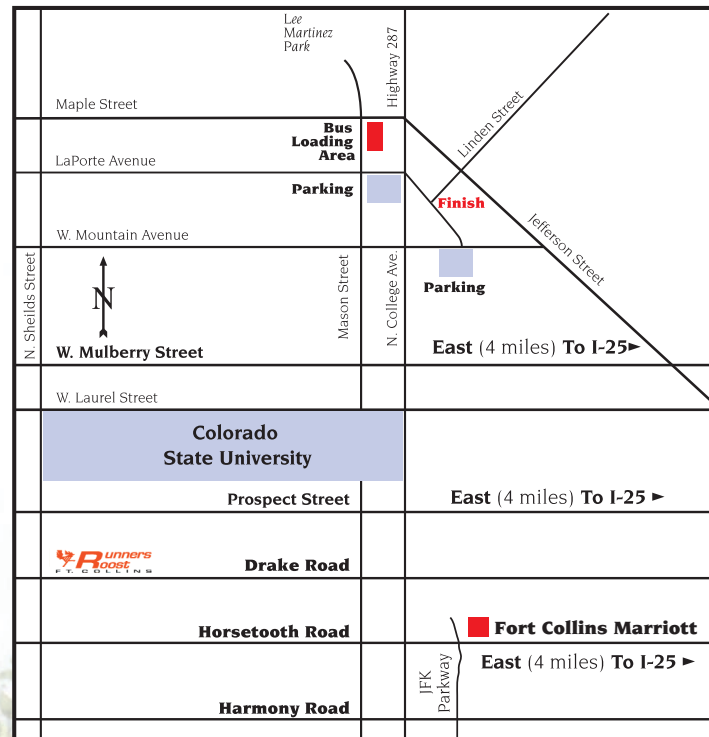
Duplication of overall and age group awards will be given
Cash prizes may be awarded, call hotline for updated information.

POST RACE RESULTS: Results will be posted by the end of the race day at the finish and at: www.ftcollinsmarathon.com

Benefit: The 2005 Fort Collins Old Town Marathon proceeds will benefit the Northern Colorado Running Foundation. The Northern Colorado Running Foundation was formed to assist and fund running events, help develop youth running programs, improve running trails and facilities and act as an advocate for running in Northern Colorado.

Sports & Fitness Expo

Host Hotel: Reservations for the Event will be made by attendees utilizing the Internet booking link by the Fort Collins Marriott at <http://marriott.com/property/propertyPage/FTCCO> or by calling directly to Marriott reservations at 1-800-548-2635-special room rates for Event are available until Wednesday, April 27th.



MANDATORY RACE PACKET PICKUP:

Each entrant is responsible for picking up his or her race packet at the 2005 Fort Collins Old Town Marathon Sports and Fitness Expo. The Expo is open Friday, May 6th from 4 PM to 9PM and Saturday, May 7th from 10 AM to 5 PM at the Fort Collins Marriott see above for location information. Look for Designated Packet Pickup area.

IMPORTANT: Race Numbers will not be issued on Race Day.

TRANSPORTATION:

Bus service to the starting line is mandatory! Buses will depart from the bus depot at LaPorte Ave. and Mason St. There is a large, free parking garage at this intersection.

Departure Times:

Marathon (and first leg relay) buses	4:00 to 4:45 AM
Half Marathon (and second leg relay) buses	5:00 to 6:00 AM
10K Relay (second leg relay) buses	7:30 AM at the RIO

DO NOT BE LATE!! Buses will leave on time. Participants are not permitted to drive, and there is no parking at the starts. There will be absolutely no exceptions.

www.ftcollinsmarathon.com

How To Enter

Enter Online: www.ftcollinsmarathon.com
Active .com

Enter By Fax: 970-493-6702

In-Store Registration:

Runners Roost
902 W. Drake Rd. Suite #7, Fort Collins

Foot of the Rockies
150 E. Harmony, Unit 2C, Fort Collins
Forms Available at Your Local Favorite Running Stores

Mail-In Registration:

completed entry form with a check or money order to:

Fort Collins Old Town Marathon Office:
902 W. Drake Rd. Suite #7, Fort Collins, CO 80526 (USA),
Phone: 1-877-499-NCRF (6273) - Email: oldtownmarathon@cs.com
Please make checks payable to **Fort Collins Old Town Marathon**

**Marathon limited to 700 entrants,
Half Marathon limited to 1000 entrants.**

The 2005 Fort Collins Old Town Marathon will limit the number of entrants in order to provide the best quality race to participants.

Eligibility and Race Rules: The Fort Collins Old Town Marathon and Half Marathon is open to anyone who has trained to complete the 26.2-mile or 13.1-mile distance in six hours. Marathon age restricted to 18 and above. Non-registered runners, pacers/escorts, bicycles, inline skates, dogs, wheelchairs or baby joggers are not allowed.

Confirmation: Will be sent via postal mail.

Entries to the 2005 Fort Collins Old Town Marathon can be confirmed by calling 1-877-499-NCRF (6273)

Questions?

Call 1-877-499-NCRF (6273) or Visit our website at: www.ftcollinsmarathon.com for photos, training ideas, lodging information, directions to the race and updated race information.

Fee Schedule 2005

	MARATHON	HALF MARATHON
Before April 1	\$60	\$45
April 1-May 1	\$70	\$50
After May 1	\$70	\$65
	MARATHON RELAY	10K RUN/WALK
Before April 1	\$90	\$25
April 1-May 1	100	30
After May 1	130	30
	10K RELAY	10K RELAY WITH MOM
Before April 1	50	40
April 1-May 1	60	50
After May 1	60	50
Kids Marathon	FREE	FREE

Note: No Race Day Registration. No Refunds or Exchanges
Entry fee is Non-Transferable and Non-Refundable. U.S. Dollar only. Each entrant receives a Brooks technical short-sleeved shirt, post-race refreshments, goodie-bag full of samples and freebies, a collector's finisher print (when you finish!), and full medical/EMT/sag support.



2005 Fort Collins Old Town Marathon Entry Form

Bib # _____
for office use only

1. Check the Race you are entering May 8th, 2005
(No refunds or transfers — one runner per application)

- Marathon Half Marathon Marathon Relay
 10K Walk/Run 10K Relay 10K Relay With Mom
 10K Competitive Walk Kid's Marathon

2. Shirt Size - Brooks Technical (No Shrink)

- Small Medium Large XL

3. Name & Address

First Name _____

Last Name _____

Age (on May 8, 2005) _____ Sex M F

Address _____

City _____ State _____ ZIP _____

Phone (_____) _____

E-mail Address _____

Relay Partner Name _____

Note: No Race Day Registration. No Refunds or Exchanges

Entry Fee \$ _____
 Mail Packet \$10.00
Total \$ _____

4. Terms of Participation

Liability and Publicity Waiver: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, all such risks being known and understood by me. I am aware that volunteer personnel (whom may be called upon to provide assistance) will provide medical support for this event. Including first aid to me during the event. I authorize any such volunteer to assist me or to perform such assistance as in the opinion of such person that may be appropriate. I understand that the Fort Collins Old Town Marathon, Inc. assumes no responsibility or liability with respect to my participation in this event. I agree, however to abide any decision of any race official relative to my ability to safely complete the run. I hereby grant permission to the Fort Collins Old Town Marathon, Inc. and its sponsors to use any photographs, motion pictures, recordings or any record of this event for legitimate purposes. I agree to abide by the rules of this race as stated in all official race information. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, myself and anyone entitled to action my behalf, do hereby release and discharge the Fort Collins Old Town Marathon, Inc., the City of Ft. Collins, and all sponsors, representatives (including event volunteers), and employees of any of them, from all claims or liabilities of any kind asking out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature _____ Date _____

To Enter. Complete, sign and return the above portion with check or money order (US Funds Only) with proper fee for post mark date to Fort Collins Old Town Marathon c/o Runners Roost 902 W. Drake Rd., Suite #7, Fort Collins, CO 80526. Make checks payable to the: Fort Collins Old Town Marathon.