

Michelob.
ULTRA.



presents

Colorado Marathon



Old Town, Fort Collins

"The Most Scenic Course in America"

Sunday, May 3, 2009

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Colorado Marathon



Old Town, Fort Collins

Event Sponsors



Marathon Sponsor



Half Marathon Sponsor



10K Sponsor

This print courtesy of



5K Sponsor



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Contributing Sponsors



Day Dreamer Tom Riggs - Artist



Harter Marketing Solutions



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ELDORADO SPRING WATER





MARATHON COURSE

Participants start at Steven's Gulch Campground and work their way down the Scenic Poudre River Canyon through La Porte and on to the Poudre River Trail to finish in Historic Old Town Fort Collins. Course has a subtle net downhill with very few turns and hills. (Marathon starts on National Forest Service Property. We are an equal opportunity provider, authorized by special use permit to operate on the land in Roosevelt National Forest.)

HALF MARATHON COURSE

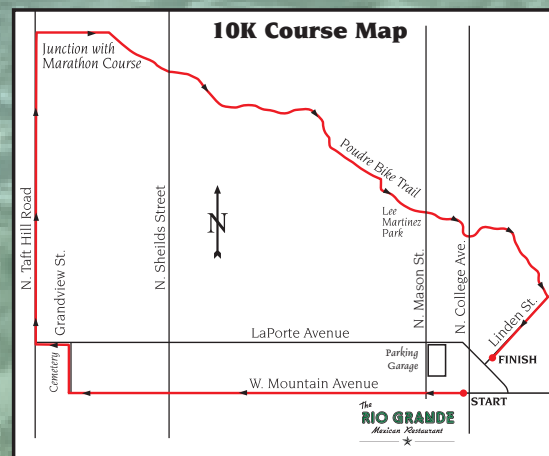
Runs on the second half of the Marathon Course starting in the beautiful Poudre Canyon.

10K COURSE

Starts on Mountain Ave. West of College Ave., heads West on Mountain to Grandview Ave to LaPorte and North on Taft Hill Rd. to the Poudre West Bike Trail and follows the Marathon course to the finish.

POINT TO POINT 5K COURSE

Luxury buses drop participants off at the intersection of Taft Hill and the Poudre River Trail (5 kilometers from finish). Participants then follow the Marathon course to the finish.



Your Entry Includes:



Brooks CoolMax Technical Shirt

Custom Medal for Marathon and Half Marathon Finishers.

Custom Finisher Print by Tom Riggs

2008 Medal and Finisher print shown. 2009 designs will vary.

Course Records

Colorado Marathon

Male: Daniel Shaw 2:25:55.8 2004
 Female: Kara Roy 2:46:30 2006

Half Marathon

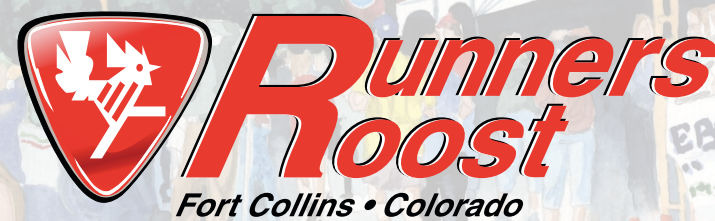
Male: Steve Folkerts 1:10:59 2008
 Female: Danielle Korb 1:17:01 2008

10K

Male: Brice Young 34:03 2008
 Female: Lyndsi Benedict 36:50 2006

Point-to-Point 5K

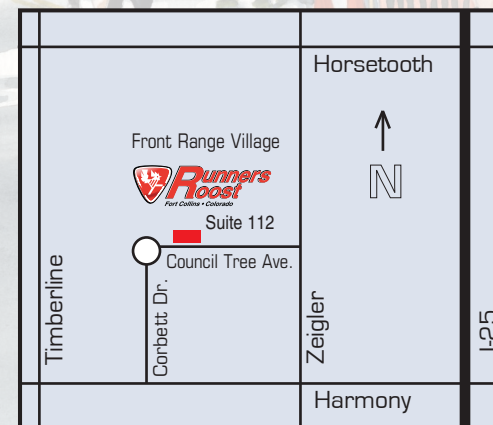
Male: Christopher Stover 18:04 2008
 Female: Tina Stoner 22:27 2008



Visit our New Location at the **Front Range Village**
 2720 Council Tree Avenue,
 Suite 112

970.224.9114
 OPEN: Monday-Saturday 10am-9pm
 Sunday 10am-6pm

www.runnersroostftcollins.com



OFFICIAL RACE HEADQUARTERS

All Marathon and Half Marathon Finishers receive a Custom Medallion!

Half Marathon is part of the



Finish Gifts and Awards for 2009 Marathon and Events:

AWARDS CEREMONY: The Awards Ceremony will be held at 12 PM on Race Day at Coopersmith's (Pub side).

Marathon:

All Marathon finishers will receive a Finisher Medal and a Collector's Print.

Top 5 Male/Female overall, Top 3 Male/Female Masters and Grand Masters, Top 3 in following age groups: 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+ (Must be 18 years of age to run in Marathon)

Half Marathon:

All Marathon finishers will receive a Finisher Medal and a Collector's Print.

Top 5 Male/Female overall, Top 3 Male/Female Masters and Grand Masters Top 3 in following age groups: 19 & under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

10K:

Top 3 Male/Female Overall, Top Master and Grand Master. Top 3 in following age groups: 19 & under, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

5K:

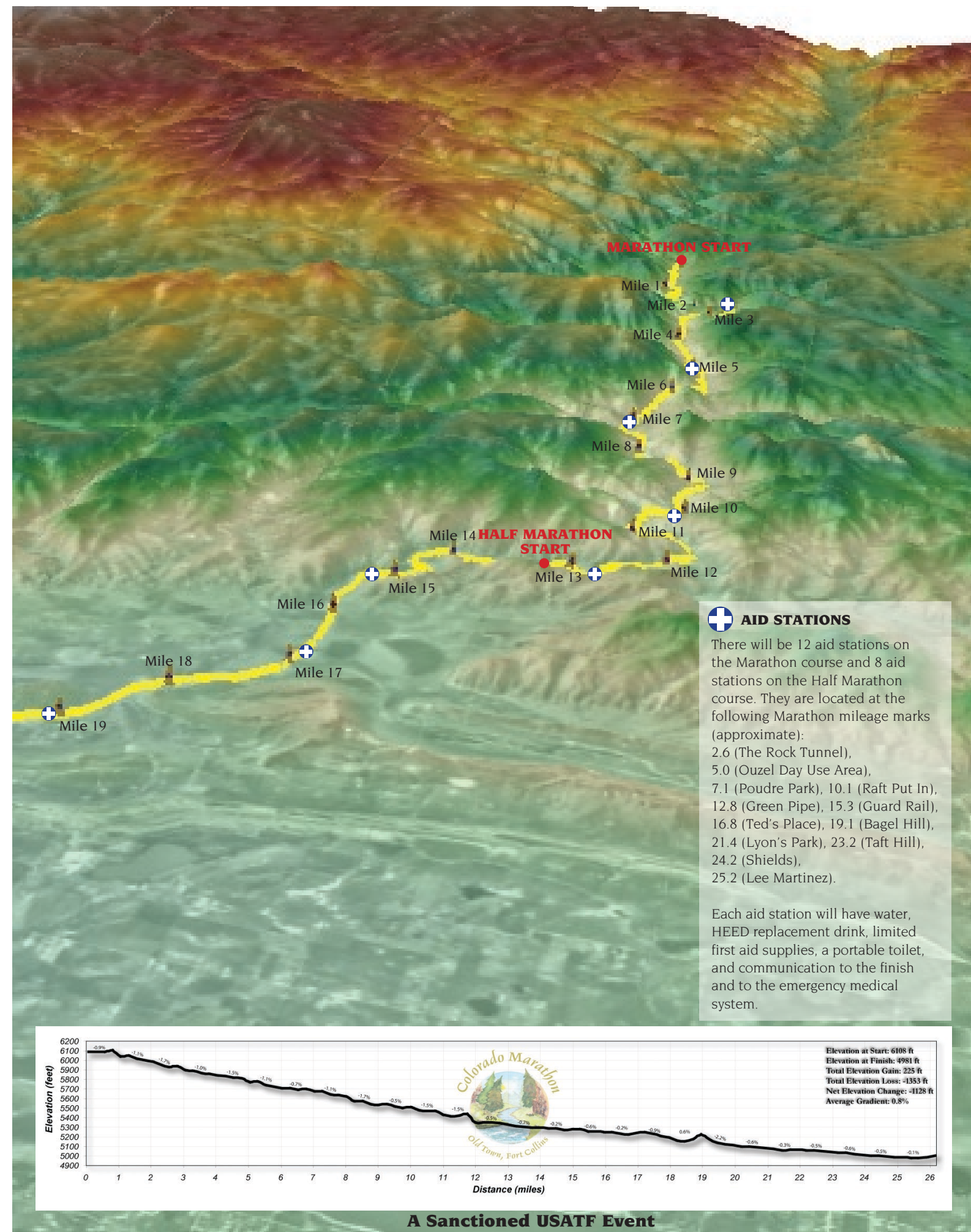
Top 3 Male/Female Overall, Top Master and Grand Master.

POST RACE RESULTS: Results will be posted by the end of the race day at the finish and at: www.thecoloradomarathon.com

Benefit: The 2009 Colorado Marathon proceeds will benefit numerous charities including but not limited to Emerge Colorado, Friends of the Poudre, Larimer County Parks, City Parks and Recreation, local high school and college cross country teams and the Northern Colorado Running Foundation. The Northern Colorado Running Foundation was formed to assist and fund running events, help develop youth running programs, improve running trails and facilities and act as an advocate for running in Northern Colorado.

All Artwork courtesy of Tom Riggs, www.tomriggs.com

www.thecoloradomarathon.com



The Colorado Marathon, a Boston qualifier, is the fastest and most scenic marathon in Colorado.

REBOUND Expo

Sports & Physical Therapy

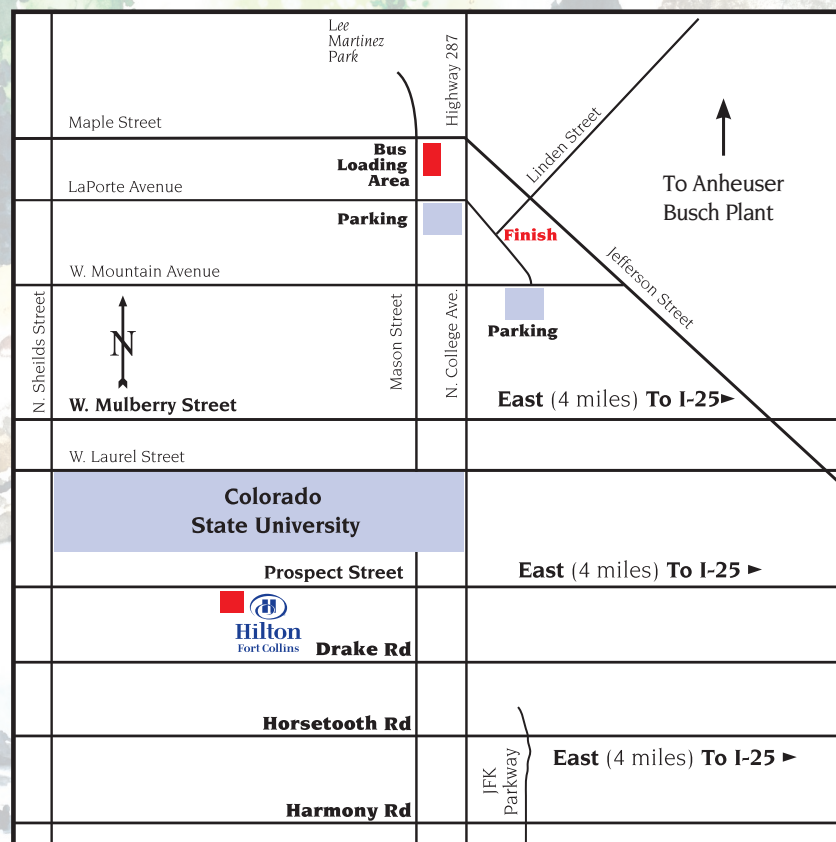
Host Hotel: Reservations can be made at Hilton Fort Collins by logging on to www.hilton.com/en/hi/groups/personalized/FNLCOHF-MCM-20090501/index.jhtml or by calling directly to Hilton reservations at 1-800-548-2635, let them know you are with the Marathon for special group rates.

Affiliated Hotels: The Fort Collins Marriott, Courtyard Fort Collins, and Residence Inns Fort Collins have special rates for the Colorado Marathon. For more information, visit <http://cwp.marriott.com/ftcc/2009coloradomarathon>

MANDATORY RACE PACKET PICKUP:

Each entrant is responsible for picking up his or her race packet at the 2009 Rebound Health and Fitness Expo. The Expo is open Friday, May 1st from 4 PM to 9PM and Saturday, May 2nd from 10 AM to 9 PM at the Hilton Fort Collins see above for location information. Look for Designated Packet Pickup area.

IMPORTANT: Race Numbers will not be issued on Race Day.



TRANSPORTATION:

Bus service to the starting line is mandatory! Buses will depart from the bus depot at LaPorte Ave. and Mason St. There is a large, free parking garage at this intersection.

Departure Times:

Marathon buses	4:00 to 4:45 AM
Half Marathon buses	5:00 to 5:45 AM
Point to Point 5K buses	6:00 to 6:30 AM

DO NOT BE LATE!! Buses will leave on time. Participants are not permitted to drive, and there is no parking at the starts. There will be absolutely no exceptions.

www.thecoloradomarathon.com

Registration

The 2008 Marathon and Half Marathon CAPPED. Register early to secure your spot.

Online: Register online at WWW.ACTIVE.COM

In-Store: Register for the Colorado Marathon at any Runners Roost Store (Aurora, Colorado Springs, Denver, Fort Collins and Lakewood).

Visit WWW.RUNNERSROOST.COM to locate the Runners Roost store in your area.

Mail: Send your completed entry form with your check or money order to:

Colorado Marathon
PO Box 273047
Fort Collins, Colorado 80527 (USA)

2009 Colorado Marathon ENTRY FORM

1. Check the Race you are entering May 3rd, 2009
(One entrant per application)

	Up to March 31	Beginning April 1st
<input type="checkbox"/> Marathon	\$95	\$125
<input type="checkbox"/> Half Marathon	\$65	\$80
<input type="checkbox"/> 10K	\$30	\$35
<input type="checkbox"/> 5K	\$30	\$35

2. Technical Shirt Size - Mens sizing

XSmall Small Medium Large XL

3. Name & Address

Name _____

Age (on May 3, 2009) _____ Sex M F

Address _____

City _____ State _____ ZIP _____

Phone (_____) _____

E-mail Address _____

Note: No Race Day Registration. No Refunds, Exchanges or Transfers.

Total \$ _____

Credit Card information:

Charge My: VISA MC Discover Amex

CC# _____ Exp. Date _____

(will appear on your statement as Runners Roost)

4. Terms of Participation

I UNDERSTAND THAT I AM REQUIRED TO PICK UP MY PACKET AT THE PACKET PICKUP & EXPO THE FRIDAY OR SATURDAY BEFORE THE EVENT (THERE IS NO RACE DAY PACKET PICK UP).

I understand that I am required to board an event provided bus to the starts of the Marathon, Half Marathon and 5k.

Liability and Publicity Waiver: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, all such risks being known and understood by me. I am aware that volunteer personnel (whom may be called upon to provide assistance) will provide medical support for this event. Including first aid to me during the event. I authorize any such volunteer to assist me or to perform such assistance as in the opinion of such person that may be appropriate. I understand that the Colorado Marathon assumes no responsibility or liability with respect to my participation in this event. I agree, however to abide any decision of any race official relative to my ability to safely complete the run. I hereby grant permission to the Colorado Marathon and its sponsors to use any photographs, motion pictures, recordings or any record of this event for legitimate purposes. I agree to abide by the rules of this race as stated in all official race information. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, myself and anyone entitled to action my behalf, do hereby release and discharge the Colorado Marathon, the City of Fort Collins, Larimer County, State of Colorado, USNFS, and all sponsors, representatives (including event volunteers), and employees of any of them, from all claims or liability of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons or parties named in this waiver.

Signature _____ Date _____

If under 18, a parent or legal guardian signature is required

To Enter. Complete, sign and return the above portion with payment (US Funds Only) with proper fee for post mark date to:

Colorado Marathon P.O. Box 273047, Fort Collins, CO 80527.

Make checks payable to the: Colorado Marathon.

Bus Schedule:

Departure Times:

Marathon	4:00 to 4:45 am
Half Marathon	5:00 to 5:45 am
Point to Point 5K	6:00 to 6:30 am

Race Start Times:

Marathon:	6:00 am
Half Marathon:	7:00 am
5K & 10K :	7:00 am

www.thecoloradomarathon.com